

The  
*Club Continental*  
on the St. Johns River

## **Lunch Menu**

### *Soup*

*Soup Du Jour*.....5

### *Salads*

★ *Soup and Salad* .....10

A LIGHT AND DELICIOUS LUNCH, SERVED WITH FRESH BAKED BREAD

★ *Trio Salad*.....13

CHICKEN SALAD, FRESH FRUIT AND COTTAGE CHEESE. SERVED OVER MIXED GREENS WITH A FRESH BAKED MUFFIN

★ *Blackened Shrimp Salad* .....15

OUR HOUSE SALAD WITH HEART OF PALM AND AVOCADO. SERVED WITH A FRESH BAKED MUFFIN AND OUR HOUSE DRESSING

### *Sandwiches*

*Sandwiches Served With Your Choice Of  
Cajun Scented Steak Fries, Hand Battered Onion Rings, Fresh Cut Fruit,  
Cottage Cheese or Tomato Cucumber Salad*

*Classic Tuna Salad on Croissant*.....8

OPEN FACED WITH BIBB LETTUCE, TOMATO, RED ONION AND SHREDDED CARROT

*Grilled Chicken Caesar Wrap*.....9

SERVED IN A WARM FLOUR TORTILLA WITH SHREDDED CARROTS AND GRAPE TOMATO

*Burger of The Day*.....10

ASK YOUR SERVER FOR DETAILS

### *Entrées*

*Grilled Chicken Alfredo* .....12

WITH LINGUINE, WHITE MUSHROOMS, ASPARAGUS AND DICED TOMATO

*Fish and Chips*.....15

BREADED GROUPER, STEAK FRIES, COLESLAW, TARTAR SAUCE, COCKTAIL SAUCE AND MALT VINEGAR

★ *Slow Roasted Beef*.....15

WITH ROSEMARY DEMI. SERVED WITH ROASTED GARLIC MASHED POTATOES AND GRILLED ASPARAGUS

★ *Grilled Salmon*.....16

WITH STIR FRY VEGETABLES, JASMINE RICE AND SWEET CHILI-GINGER BUTTER

*Club House Prime Steaks Also Available Upon Request*

PLEASE BRING ANY FOOD ALLERGIES TO THE ATTENTION OF OUR MANAGER

★ *These items can be prepared gluten-free*

PRICES ARE SUBJECT TO 7% SALES TAX. RESERVATIONS ARE RESPECTFULLY REQUESTED.  
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE  
THE CONSUMER'S RISK OF FOOD BOURNE ILLNESS.