

The Club Continental

on the St. Johns River 2143 Astor Street Orange Park, FL 32073

March 2025 Newsletter



Bourbon Night at The Club Continental Friday, March 21st 6:00pm-8:00pm

Join us for a Bourbon Tasting with Complimentary Cigars on the Patio and Light Fare from the Kitchen. Steve from Breakthrough Liquors will be presenting 4 samples of some of today's most popular bourbons!

\$29.00 per person (\$20.00 per guest who come along with Members) RSVP Required (904) 264-6070



St. Patrick's Day Omelet Bar Brunch

Sunday, March 16th 11:00am-2:00pm

Corned Beef and Cabbage with Potatoes and Carrots, Sliced Roast Beef, Roast Chicken, Shrimp and Grits, Omelet Bar Station, Potato and Onion Soup, Irish Flag Salad, Eggs Benedict from the Kitchen, Smoked Salmon and Bagel Station, Biscuits and Gravy, Chicken Tenders, Breakfast Potatoes, Vegetable Medley, Bacon, Sausage, French Toast, Pancakes and Assorted Desserts including Chocolate Whiskey Cake







Thursday Plated Specials

Thursday, March 6th, 13th, 20th, 27th 11:30am-2:00pm

<u>March 6</u>th Teriyaki Salmon, Sticky Rice and Stir-Fry Vegetables

March 13th Beef Stroganoff, Egg Noodles, Garlic Scented Broccoli

March 20th Baked Ziti Bolognese, Vegetable Medley, Garlic Bread

March 27th Fried and Baked Chicken, Mashed Potatoes and Green Beans

Plated Specials include bread & butter service, soft drink and dessert \$14.00+ RSVP (904) 264-6070

Wednesday Casual Grill with Roger Wood on Keyboard

March 5th, 12th, 19th, 26th 6:00pm-9:00pm ****Please dress casually and kick back and relax****

(Regular Menu will not be available)

Burger Option:

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Lettuce, Tomato, Onion, Smoked Corn Mayo, Our Truffle Aioli and Served	

Lettuce, Tomato, Onion, Smoked Corn Mayo, Our Truttle Aioli and Served with French Fries (Caesar Salad and Dessert can be added for \$6.00+)

Entrée Options:

10oz Grilled Lemon Marinated Bone-In Chicken	\$24.00
Lamb Loin Chops	\$27.00
Crispy Popcorn Shrimp	\$29.00
Flank Steak and Shrimp	\$32.00
14oz Delmonico Steak	\$35.00
Grilled Fresh Catch	\$35.00
6oz. Filet Mignon	
8oz. Filet Mignon	

Each entrée will be served with Caesar Salad, Chef's Choice Starch and Chef's Choice Vegetable (Baked Potato option will be available) and Dessert Du Jour

Add a Rosemary Shrimp Skewer to Any Entrée Selection....\$6.00+

Mini Bar Menu

The bar menu will be available Tuesday Through Friday from 5:00pm-8:00pm.

The menu will also be available on Trivia Night.

9' Inch Pizza with Mozzarella and Asiago Cheese, Fresh Basil and Tomato Sauce \$10.00+ Chicken or Steak Quesadilla \$12.00+ Coconut Shrimp with French Fries \$14.00+ House Salad with Fresh Catch \$16.00+ Trivia & Mini Buffet

Wednesday, March 19th 5:30pm-8:00pm (Trivia starts at 7pm)

Sliced Pineapple Glazed Ham, Cajun Sauteed Chicken, Tossed Salad, Rice Pilaf and Broccoli Soufflé
****Desserts can be purchased off our Dessert Menu that can be provided to you by your server****

\$15.00+ RSVP Required (904) 264-6070

Homestyle Casual Italian Tuesdays

March 4th, 11th, 18th, 25th 6:00pm-9:00pm (Regular Menu will not be available)

Entrée Selection

Shrimp Fettuccine with Spinach - Tossed with Creamy Alfredo Sauce
Chicken Cutlets - Lemon Sauce and Fresh Italian Parsley
Chicken Parmesan - Italian Breaded topped with Mozzarella and Marinara Sauce
Sicilian Flank Steak - Finished with Garlic, Fresh Herbs, Red Chili and Lemon
Egaplant Parmesan - Breaded Egaplant with Ricotta, Mozzarella Cheese and Marinara Sauce
Sauteed Grouper Piccata - Sauteed with Lemon, Butter, White Wine and Capers
Penne Pasta Mediterranean - Sweet Peppers, Onion, Tomato, Kalamata Olives, Spinach,
White Wine and Romano Cheese

All Entrées include a Caesar Salad or House Salad, Vegetable & Pasta \$26.95+ RSVP (904) 264-6070

Tuesday Night Appetizer Special:

Mozzarella En Carozza \$10.00+, Baked Polenta \$11.00+, Crispy Calamari with Spicy Marinara Sauce \$12.00+

Tuesday Night Special:

Filet Mignon Medallions with Grilled Onions and Peppers \$49.95+



March Tennis News

As spring approaches, it's time to shake off the chill and get back into full swing on the courts! Longer days and warmer weather make March the perfect time to refresh your game. Whether you're looking to fine-tune your strokes or just enjoy social play, we have something for everyone!

Don't forget about our weekly adult and junior clinics:

Adults: Monday & Wednesday (6:00-7:30 pm), Friday & Saturday (10:00-11:30 am)

Kids: Monday-Thursday afternoons, with sessions based on age and ability

Player Spotlight: Claudia Grosskruger

This month, we are highlighting Claudia Grosskruger, who shares some of her go-to tennis tips and routines:

- -Cooling trick: A towel infused with peppermint and ice water in a ziplock bag, inhaling it helps energize during long matches!
- -Match motivation: A motivational note to pump herself up during tough matches.
- -Pre-match: A healthy oatmeal dish before playing and snacks during matches to stay fueled.
- -Favorite thing about CC: I love the hard courts because the ball bounces truer!

Need Assistance?

Director of Tennis, Adam Blackner Pro Shop: (904)269-6090 Email: TennisShopCC@gmail.com Director: (360)789-9490

Sun	day	Mon	iday	Tuesday	Wednesday	Thursday	Friday	Saturday
								Private Party
2 Sunday 11:00am		3 Club C Accou	ınting	4 Lunch 11:30am-2:00pm Italian Night 6:00pm-9:00pm	5 Lunch 11:30am-2:00pm Casual Grill/Roger Wood 6pm-9pm	Thursday Plated Specials 11:30-2:00pm Dinner 6:00pm-9:00pm	7 Lunch 11:30-2:00pm Dinner 6:00pm-9:00pm	8 Private Party
9 Sunday 11:00am		Club C Accou	ınting	11 Lunch 11:30am-2:00pm Italian Night 6:00pm-9:00pm	12 Lunch 11:30am-2:00pm Casual Grill/Roger Wood 6pm-9pm	13 Thursday Plated Specials 11:30-2:00pm Dinner 6:00pm-9:00pm	14 Lunch 11:30-2:00pm Dinner 6:00pm-9:00pm	15 Private Party
16 St. Patric Omelo Brur 11:00am	et Bar nch	17 Club C Accou Office	ınting	18 Lunch 11:30am-2:00pm Italian Night 6:00pm-9:00pm	19 Lunch 11:30am-2:00pm Trivia/Mini Buffet 5:30pm-8pm Casual Grill/Roger Wood 6pm-9pm	20 Thursday Plated Specials 11:30-2:00pm	21 Lunch 11:30-2:00pm Bourbon Night 6:00pm-9:00pm	22 Private Party
23 Sunday 11:00am		Club C Accou Office	Inting	25 Lunch 11:30am-2:00pm Italian Night 6:00pm-9:00pm	26 Lunch 11:30am-2:00pm Casual Grill/Roger Wood 6pm-9pm	27 Thursday Plated Specials 11:30-2:00pm	28 Lunch 11:30-2:00pm Dinner 6:00pm-9:00pm	29 Private Party

Dining Room Hours Tuesday-Friday

Lunch 11:30am - 2:00pm Dinner 6:00pm - 9:00pm Sunday Brunch 11:00am - 2:00pm Breakfast on the River Tuesday-Friday 8:00-9:00am - \$15.00+

The Main Bar is open Tuesday-Friday 11:30am-9:00pm

Attention Members

In order for us to plan accordingly and properly staff each shift, we would appreciate reservations to be made ahead of time. Please make your reservations by calling (904) 264-6070. Thank you in advance.

A Warm Welcome to our New Members

Samantha Prokop

Jim & Dee Kaczkawski

Board of Governors

President: Patricia Seibold **Treasurer:** Ron Garnett

Secretary & Past President: Kat Wetmore

Managers: Chef Sheldon Harris & Karrie Massee

Board Members:

Holly McQueen Jill Weigand Gavin Toth

Kim Lahaie Day

Dr. Dave Mosborg Dan Colleway